

Wellness Service, Inc Tobacco Reduction Resources



General National Resources

American Cancer Society	www.cancer.org
American Heart Association	www.americanheart.org 1-800-242-8721
American Lung Association	www.lungusa.org 1-866-784-8937
National Cancer Institute	www.cancer.gov/cancertopics/smoking 1-877-44U-QUIT
Nicotine Anonymous	www.nicotine-anonymous.org 1-415-750-0328
QuitNet Online Smoking Cessation	www.quitnet.com
Try to Stop	www.trytostop.org
Becomean EX	www.becomeanex.org
U.S. Public Health Service	www.surgeongeneral.gov/tobacco
My Smoking Cessation Handbook	http://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=2827

HIV and Tobacco Specific National Resources

HIV for Clinical Care	http://hab.hrsa.gov/deliverhivaidscafe/2014guide.pdf
HIV Provider Smoking Cessation Handbook	http://www.va.gov/vhapublications/ViewPublication.asp?pub_ID=2826
HIV & Tobacco UseL Pharmacologic and Beh.	http://www.mpaetc.org/MPAETC/media/MPAETC/Product%20Downloads/tobacco.pdf
HIV & Smoking Resources at AIDS.gov	http://www.aids.gov/hiv-aids-basics/staying-healthy-with-hiv-aids/taking-care-of-yourself/smoking-tobacco-use/
Youtube video: Conversations with AIDS.gov	https://www.youtube.com/watch?v=KyRcGSx1T1s&feature=player_embedded
Youtube video: Brian's Story-Tips HIV/Smoke	http://www.cdc.gov/tobacco/campaign/tips/resources/videos/brian-videos.html

Provider National Resources

Tobacco Use and Dependence Treatment, 2009	https://health.state.tn.us/Downloads/TOL_Quick%20Reference.pdf
American Academy of Family Physicians	http://www.aafp.org/patient-care/public-health/tobacco-cessation/ask-act.html
University of Wisconsin Center for Tobacco Re.	www.ctri.wisc.edu
CDC Tips Campaign from former smokers	http://www.cdc.gov/tobacco/campaign/tips/partners/health/hcp/
Tobacco Free Toolkit for Health Facilities	http://bhwelness.org/wp-content/uploads/2011/04/Tobacco%20Free%20Facilities%20Toolkit.pdf
Youtube: Robbing the Future, Office of Surgeon Ge	http://www.youtube.com/watch?v=5Wlob8oCuQ8&feature=youtu.be

State Resources

Tobacco Free Michigan	www.Michigan.quitlogix.org 1-800-QUIT-NOW
Michigan Department of Community Health	www.Michigan.gov/tobacco

Provider State Resources

Michigan Providers Tobacco Cessation Tool Kit	http://www.michigancancer.org/Resources/TobaccoPV.html
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Local Resources in Genesee County

Genesys Hurley Cancer Institute	(810) 762-8226 3rd Wednesday of every Month 12 p.m. - 1 p.m. 302 Kensington Ave, Flint
Hurley Wellness Services	(810) 262-7898 dcampbe2@hurleymc.com Quit Smoking Classes
McLaren Pulmonary Rehab	(810) 342-5370 Stop smoking support group 2nd Monday of every month 2:30-3:30 p.m. McLaren Beech Hill Center, G-3230 Beecher Rd, Flint *Registration required One-on-one Quit Smoking Counseling in Person also available

HIV and Tobacco Local Resources

Wellness Services	(810) 232-0888 Tobacco Reduction Program for HIV+ Clients
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